

# Coaching Combination Play From Build Up To Finish

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**Coaching Transition Play - Full Sessions from the Tactics of Simeone, Guardiola, Klopp, Mourinho & Ranieri** Michail Tsokaktsidis 2017-02-10 This book provides analysis of Simeone, Guardiola, Klopp, Mourinho and Ranieri's tactics. Michail Tsokaktsidis is a UEFA 'A' licence coach and has used this analysis to produce 23 full sessions (98 practices) including transition games, game situations and small

sided games.

*Coaching Combination Play - From Build Up to Finish* Tag Lamche 2016-07-28 Tag Lamche (UEFA 'A' Coaching Licence Part 1) is a professional academy coach and a specialist in vision and awareness. In this book Tag shows you how to play "From Build Up to Finish," providing numerous practical examples of combination play from the keeper, through defence, midfield and attack to create goal scoring

opportunities.

*Soccer Coaching - Principles of Technical and Tactical*

*Development* Andrew Caruso

2014-01-01 Over twenty million Americans are playing the great game of soccer. This guide is for their coaches; it will help both the new and the experienced youth and high school coaches develop complete players, those who master the three fundamental elements of technique, tactics, and function. There are many technique books on the market, and a few tactical books, but none which attempt to integrate technique, tactics, and function with accompanying game activities. As in state-of-the-art coaching for all sports, this integration is best developed through a system of progressions. Building upon a logical progression of exercises, activities, and shortsided games, this guide will help the coach to apply the principles of play to the game of soccer and the development of soccer players. Too often these principles are overlooked by

coaches; yet they are the very foundation of the game! Once a coach can view game action from this point of view he is capable of making important/relevant suggestions that relate to training and general principles. This facilitates player growth and game results.

**Detail** Gary Curneen 2022

Detail offers a unique insight into the many levels of depth and perspective that currently exist for coaches of the beautiful game. With almost 2 million listens to the Modern Soccer Coach Podcast, Gary has spent four years talking to some of the biggest and brightest names in the sport. At the same time, he's been working at the professional level and pursuing his own coaching journey. This book takes the life of a coach and goes deeper to question certain facets and separate theory from practice. From development to results and family to career advice, this book has everything for a coach who wants to explore coaching much deeper than sessions and

games. In a tough profession, Gary delivers coaches with perspective that can help them navigate through the tough times and enjoy the good times.

#### The Vision of a Champion

Anson Dorrance 2019-03-29

Legendary women's soccer coach Anson Dorrance teams up with health and fitness expert Gloria Averbuch to deliver this transformational guide to developing soccer excellence at the high school and college levels. The Vision of a Champion combines practical strategies for training and competing with the wisdom and advice of a world-class coach.

#### Coaching Strikers

Wayne Harrison 2015-06-01

When we think of the great strikers in soccer history; players like Messi, Ronaldo, Pele, Maradona etc; the most prominent images convey the moments just before, during, and after a goal is scored. The shooting pose, the striker watching the ball fly past a beaten goalkeeper, the euphoric celebration. But what of the movement, the awareness, the cooperation

with teammates, the quick decision making, the guile that led to the goal being scored? Striker play in soccer is an art. It requires an understanding of angles, a sense of timing, an awareness of space, great vision, close ball control and shooting skills, and of course the mysterious "nose for goal". This book explores methods to develop great strikers through specific training routines, including: Shooting and Finishing Exercises Small Sided Games Functional Training and Phase Play Specific Movements and Formations Emphasis on Body Position Awareness Training

Soccer Dan Herbst 1999 The official playing and coaching manual for youth soccer of the United States Soccer Federation. The definitive playing and coaching manual for youth soccer. Compiled by the coaching, educational and technical staff of U.S. Soccer, this book offers extensive information on all aspects of the game, technique, tactics, laws, prevention and care of injury, coaching preparation,

organizational structure, model training sessions, and more than 100 practice games suitable for developing aspects of every player's game. Features numerous games for developing dribbling \* passing \* finishing \* heading \* defending \* goalkeeping, as well as games specifically for young beginners \* games to teach tactics \* overall soccer decision-making. Extensive technique section offers detailed pointers on dribbling and turning moves \* shielding \* passing \* receiving \* drives \* chips, bending the ball and volleys \* heading \* marking \* tackling \* goalkeeping catches \* dives and saves. Tactical chapters offer detailed information on fundamental attacking tactics \* defensive principles \* restart tactics for defensive and offensive success. Model training sections construct excellent practice sessions, from warmup through cool down exercises \* useful for all coaches as a guide to improving performance \* efficiency \* enjoyment of training.

## **Soccer Coaching,**

## **Development, and Tactics**

Andrew Caruso 1989

## **Italian Academy Training Sessions for U11-U14 - a Complete Soccer Coaching Program**

Mirko Mazzantini 2011-09 Soccer Italian Style coaches Mirko Mazzantini (AFC Fiorentina) and Simone Bombardieri (Empoli FC) are both professional football coaches and in this book provide a full soccer training program from their top Italian Serie 'A' academies. This book contains 12 complete soccer training sessions detailing over 80 practices and progressions as used in the academies of the Serie 'A'. Each session focuses on technical or tactical elements of training and are structured "from simple practices to more complex game situations." This outlines a complete program of training across the 12 sessions. The 12 sessions (over 80 practices) cover the following attributes: Technical training; passing and receiving, quick combination play, possession, ball control and dribbling, 1 v 1's, feints and moves to beat, crossing,

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finishing, shooting and heading, football specific conditioning with and without the ball, coordination, acceleration, speed, and agility training. Tactical training; game situations, tactical small sided games, phase of plays, creating space and improving game intelligence, possession play, attacking combinations, Psycho-Kinetics (Think and Act Quickly), quick transitional play, defensive positioning, set plays, build-up play from the back and more. Most of the practices cleverly structured for "global training" which means working on more than one attribute at the same time. This is valid for all players, with drills and exercises for specific roles (Attackers, midfielders and defenders). There are also numerous variations for many of the practices, meaning that the 12 sessions can be repeated again and again providing great practices for any coach to produce academy level training sessions.

Pep Guardiola - 88 Attacking Combinations and Positional Patterns of Play Direct from

Pep's Training Sessions  
Soccertutor Com 2019-07-11  
This book gives you a rare opportunity to use Pep Guardiola's Practices and learn from one of the best coaches in the history of football. The 88 Attacking Combinations and Attacking Positional Patterns of Play included are taken direct from Pep Guardiola's training sessions at Manchester City, Bayern Munich and FC Barcelona.

*Attacking Soccer* Peter Schreiner 2013-01 With Attacking Soccer- Mastering the Modern Game every coach can set up training plans according to their needs with the help of numerous training modules compiled in a book with many illustrations.

**Attacking Soccer** Miller, Jay 2014-06-04 The sport's top coaches, including Anson Dorrance, Ken Lolla, Bobby Clark, and Tony DiCicco, share high-powered offensive tactics for intermediate to advanced players. Through drills, diagrams, and personal insights, these experts cover all facets attacking game play,

including individual skills, shooting, finishing advice, and team possession strategies.

64 Small Sided Soccer Games  
Michael Beale 2008-01-23

The Best of Soccer Journal Jay Martin 2015-07-22 The book offers an in-depth look at teaching techniques, skills and tactics for the soccer coach. The material is suitable for coaching all ages of soccer players. The articles were originally published in Soccer Journal between 1990 and 2010. The NSCAA with more than 30,000 members is the largest soccer coaches organization in the world. It teaches more than 6,000 coaches each year through a nationwide program of clinics and courses. Meyer & Meyer Sport is the official publishing partner of the National Soccer Coaches Association of America. With "The Best of Soccer Journal - Technique & Tactics" the second corporate book project will be published. Soccer coaches are always seeking for tips & tricks how to train technique and tactics. The NSCAA offers first class training

materials for them.

*The Soccer Coaching Bible*  
National Soccer Coaches Association of America  
2004-01-09 With The Soccer Coaching Bible, you can draw from the expertise and experience of 30 of the game's most successful coaches, learning new and better ways to coach the game and develop your players. The National Soccer Coaches Association of America (NSCAA) assembled an all-star lineup of 30 coaches to tackle every important aspect to coaching the sport. On- and off-field duties are covered in detail, and the material in each chapter is rich with the voice of experience. From Anson Dorrance's chapter on organizing and orchestrating a winning program to Lauren Gregg's chapter on creating the ideal training environment, this book provides the answers you've been looking for. Steve Sampson explains the technical and tactical nuances of controlling the ball, and Tony DiCicco encourages and informs mentoring developing players and coaches. The vast

coaching expertise is divided into six sections, making it easy to choose what to implement into your program: Priorities and Principles by Cliff McCrath, Joe Bean, Layton Shoemaker, and George Perry Program Development and Management by Anson Dorrance, Charlie Slagle, John Rennie, Mike Jacobs, and Joe Morrone Optimal Training for Learning and Performance by Lauren Gregg, Jeff Tipping, Barry Gorman, and Ron McEachen Technical and Tactical Insights for Competitive Success by Steve Sampson, Jim Lennox, Peter Mellor, Tony Waiters, Jay Hoffman, and Schellas Hyndman Player and Team Development and Motivation by Al Miller, Tracey Leone, Jay Martin, Miller Bugliari, Tim Schum, Chris Petrucelli, and Colleen Hacker Growth Opportunities in the Coaching Role by Jeff Vennell, Peter Gooding, Tony DiCicco, and Glenn Myernick Each time you open this book you'll learn something new and useful for your next practice, game, or season. Whether you coach at

the club, high school, or college level, The Soccer Coaching Bible is an essential addition to your coaching library.

**Jürgen Klopp Liverpool Attacking Tactics - Tactical Analysis and Sessions to Practice Klopp's 4-3-3** Michail Tsokaktsidis 2021-04-27 This book provides a tactical analysis of Jürgen Klopp Liverpool's 4-3-3 Attacking Tactics (70 Tactical Examples) + 15 Training Sessions (72 Practices) for you the coach to learn from one of the best coaches in the world.

**Thoughtful Soccer** Russ Carrington 2003-09 A truly innovative model for coaching soccer in which the thought side of the game is as important as the skills and players begin thinking early in their development. Features: 14 different shots; 6 possession secrets; Values for game day; Designing a defence; Breaking through to score; plus so much more. Teams of all levels will benefit from the Thoughtful Soccer practice.

**Marcelo Bielsa - Coaching Build Up Play Against High**

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**Pressing Teams** Athanasios Terzis 2017-06-30 The book includes Marcelo Bielsa's tactics (and playing philosophy) for building up play from the back against high pressing teams with a full analysis of his 4-2-3-1, 3-3-3-1 and 3-4-3 formations with extensive analysis of Marcelo Bielsa in 9 different tactical situations, supported with 9 full training sessions (35 practices).

**Coaching Dynamics** Matt Driver 2004-03 Coaching soccer successfully at the highest levels takes more than just Xs and Os. Moulding a group of advanced players, each with a unique personality, into a cohesive unit with common team goals is a task that requires presence, tact, preparation, tough decision making, effective communication, conflict management and vision. The authors have achieved coaching success at the top level of the game and share with you in this book not only several proven training sessions but also an inside look into the dynamics of coaching a

professional soccer team. *Coaching the 3-4-1-2 and 4-2-3-1* Massimo Lucchesi 2003-02 This book covers both the attack and defense phases in these popular modern zone formations. Lucchesi starts with a discussion of the characteristics of the players at each position and builds into a comprehensive tactical overview complete with build-up options and attacking schemes in the attack and marking responsibilities and zonal movement in defense. Also includes schemes for countering specific formations. *Coaching Positional Play - "Expansive Football"* Attacking Tactics & Practices Pasquale Casa Basile 2015-10-07

**Coaching 3-5-2 Tactics - 125 Tactical Solutions & Practices** Renato Montagnolo 2020-02-07 This book is a comprehensive resource for coaching the 3-5-2 formation at all levels. The level of detail and tactical solutions included will help you emulate how top coaches, such as Antonio Conte (Inter) and Nuno Espírito Santo (Wolverhampton Wanderers),

use the 3-5-2 to great success. This book goes into great detail to show the movement of all players within the 3-5-2 system of play in various tactical situations and against different formations, in the attacking and defensive phase. This will enable you to optimise your team's tactical awareness and performance. Tactical solutions are provided for all game situations, in relation to how to counteract the opponent's positioning, organisation and decision making. This book will teach you to coordinate and solve specific game situations in a flexible way with many different options and tactical solutions. As a coach, you can train these patterns of play repetitively, so that the players' reading of the game becomes automatic and the team is quickly able to recognise and find the best solutions to solve every conceivable tactical situation. This book includes: Tactical Strengths and Weaknesses of the 3-5-2 Formation 3-5-2 Tactics Against Different Formations (4-4-2, 4-2-3-1, 4-3-3, 4-3-1-2, 3-5-2

and 3-4-3) Overcoming the First Line of Pressing (Build-up Play from the Back) Moving the Ball in Between the Opposition's Midfield and Defensive Lines Playing in Behind the Opposition's Defensive Line Defensive Organisation and Pressing Organisation of the Defensive Line 41 Practices and Variations to Apply Tactical Solutions with the 3-5-2 Renato Montagnolo has a UEFA 'B' Coaching Licence and a Patentino Match Analyst Licence. He has been working as a First Team Assistant Manager and Match Analyst for the past few years in Serie C in Italy. With experience of writing books and articles, speaking and teaching, Renato is a respected football tactics expert.

**Team Building** Rinus Michels 2001 All the facets of the team building process, including team tactics and psychology, are included down to the minutest detail. Also included is how youth talent, per age group category, should be developed. And finally, how to set up training sessions to

achieve the best results. All the chapters are interspersed with examples from Rinus Michels' personal experiences as a trainer. At the same time he gives a reference framework for everyone who is, on a daily basis, involved with the team building process: from youth and professional coaches to managers in the business world. Because of these unique examples, most of which were never published, this will be a fascinating book for anyone involved in a team building process.

Teambuilding: The Road to Success The FIFA coach of the Century presents his thoughts and observations on the art of Team Building in the world of soccer and beyond. All the facets of the team building process, including team tactics and psychology, are included down to the minutest detail. Also included is how youth talent, per age group category, should be developed. And finally, how to set up training sessions to achieve the best results. All the chapters are interspersed with examples

from Rinus Michels' personal experiences as a trainer. At the same time he gives a reference framework for everyone who is, on a daily basis, involved with the team building process: from youth and professional coaches to managers in the business world. Because of these unique examples, most of which were never published, this will be a fascinating book for anyone involved in a team building process.

The Complete Guide to Coaching Soccer Systems and Tactics Jacob Daniel 2004-03

This truly complete tactical coaching manual covers the Principles of Attack and Defense, Team Shape, Man-to-Man and Zonal Marking, Formations, Positions and Roles, Coaching Methods, Patterns of Play, Possession, Substitutions and more. Well written and full of clear and precise diagrams, this book is perfect for coaches at any level. *Training Soccer Champions* Anson Dorrance 2014 "[Coach Dorrance] knows what it takes to win, and that is very rare. He makes another kind of

investment in his players beyond just training: he cares about them as people. He knows what motivates certain types of players and ties it all in to team chemistry and camaraderie." -Mia Hamm, retired American professional soccer player and first woman inducted into the World Football Hall of Fame (2013). She trained under Anson Dorrance (1989-1993), helping the Tar Heels win four NCAA championships. "Anson has an excellent understanding of athletes, and his theories on player development are very astute. He has had a truly remarkable career. He would be a great coach in any sport." - Dean Smith, retired University of North Carolina men's basketball coach (1961-1997). "Coaching legend" Smith trained several NBA players including Michael Jordan and is a Basketball Hall of Fame Enshrinee (1983). Do you have what it takes to train champions? In Training Soccer Champions, leading NCAA coach Anson Dorrance shares the secrets to creating and

maintaining a winning team. Dorrance explains his philosophies, provides practical lessons, and reflects on his experience, offering the invaluable perspective of one of the world's outstanding coaches. Training Soccer Champions digs deep into the psychology of the female athlete and conveys the principles of coaching to benefit average and high-performing teams alike. Field strategy, motivational techniques, team dynamics, and much more are discussed in this must-have guide to coaching. With countless championship titles and numerous awards, Anson Dorrance knows what it takes to win, and now you can too.

**Soccer Systems and Strategies** Jens Bangsbo 2000 Build a successful team around the strengths of your players! In Soccer Systems and Strategies, two coaches of the Danish national team provide a practical guide to implementing the world's top styles of play into your game plan. They present soccer's four primary systems of play--defined by the

number of players at each position and their alignment on the field--and then break down the different strategies, tactics, and styles of play that can be used within these systems. First, learn the basics of the four primary systems of play: the 4-3-3, the 4-4-2, the 3-5-2, and the 3-4-3. Second, choose a style of play that can be used within some or all of these systems. These include different attacking styles, various defensive styles, and styles that are characteristic of international soccer powers, including the Latin, British, Norwegian, South American, and African styles of play. After you determine the optimal system and style for your team, you learn how to counter opponents' tactics and how to teach your system, style, and tactics through practice instruction and drills. Detailed diagrams and plans of action for implementing the systems are included, along with insights on how to make adjustments during the game. Top coaches throughout the world have proven that

adapting your system to match your players' strengths and your opponents' weaknesses is the key to developing teams that are competitive year in and year out. With Soccer Systems and Strategies, you have all the information you need to implement the ideal system for your team.

*The Weekend Warrior* David Griffiths 2001-09

Soccer Training Martin Bidzinski  
**Coaching 4-3-3 Tactics - 154 Tactical Solutions and Practices** Massimo Lucchesi

2019-01-18 This book is a comprehensive resource for coaching the 4-3-3 formation at all levels. The level of detail will help you emulate how top coaches, such as Pep Guardiola, Maurizio Sarri and Jürgen Klopp use the 4-3-3 to great success. It will enable you to see all the solutions, in order to optimise your team's tactical awareness and performance.

Diego Simeone Defending Tactics - Tactical Analysis and Sessions from Atlético Madrid's 4-4-2 Athanasios Terzis

2020-07-09 This book provides a full tactical analysis of Diego

Simeone's 4-4-2 Defending Tactics (123 Tactical Situations) for you the coach to learn from one of the best defensive coaches in the world. Learn to how to Defend "from one of the best coaches in the world" with 47 Practices & Variations based on 123 Tactical Situations from Atlético Madrid's 4-4-2

Athanasios Terzis is a UEFA 'A' Licence Coach and has used this analysis of Atlético Madrid's tactics to produce 47 Practices and Variations. You can use these ready-made sessions to practice Diego Simeone's defending tactics and implement them into your training sessions. Tactical organisation is the key to Atlético Madrid's success during Diego Simeone's reign. He has built a winning culture of commitment, passion, aggressiveness and commitment, and a winning game plan based on excellent defensive organisation. They are extremely difficult to break down, even by the top attacking sides, like Barcelona, Real Madrid and Liverpool, and have consistently been one of

the toughest teams to play against in the whole of Europe. Diego Simeone's Atlético Madrid have used these defending tactics to achieve great success when competing against teams with far greater resources. These are some examples of their incredible success against all odds: La Liga Winners (2014) UEFA Champions League Runners-up (2014 + 2016) UEFA Europa League Winners (2012 + 2014) UEFA Super Cup Winners (2012 + 2018) Copa Del Rey (2013) Fewest Goals Conceded in La Liga (2012-2013, 2013-2014, 2015-2016, 2016-2017, 2017-2018, 2018-2019) Most Clean Sheets in La Liga (2012-2013, 2013-2014, 2015-2016, 2016-2017, 2017-2018, 2018-2019) Tactical Analysis and Session/Practice Topic Examples: How the Centre Backs Defend the Forwards' Movements Rear Block's Positioning and Movements to Control Wide Areas Pressing High Up the Pitch (from the Goalkeeper) Positioning of the Forwards to Prepare for Counter Attacks

Counter-Pressing After Losing Possession During Combination Play Practice Examples:  
Defensive Line Controlling Gaps Between Centre Backs and Full Backs  
Rear Block's Defensive Reactions After Wide Players Receive  
Controlling Wide Areas with the Rear Block in a Functional Practice  
Compact Midfield Line Blocking Through Passes in a Functional Game  
Negative Transition After Losing Possession in a Conditioned Game

**Del Bosque, Emery, Benitez & Luis Enrique - Practices and Training Sessions**

Soccertutor Com 2019-04-02  
This book gives you a rare opportunity to use the very same training drills and sessions direct from: Vicente Del Bosque, Unai Emery, Rafael Benitez and Luis Enrique. The 50 Practices included were used by these 4 coaches during their time at Real Madrid, Arsenal, Paris St Germain, Napoli, Roma and FC Barcelona.

**Spanish Football Federation Coaching Program U9-12**

Eduardo Valcarcel 2018-02-22  
This official RFEF book is

written by Eduardo Valcárcel, the Director of the Spanish Football Federation Coaching School. He has used his experience to provide a full program of 96 technical and tactical practices which are ideal for coaches at youth level, who want to develop their players and teams to world leading Spanish standards.

*Goalkeeper Training Program - 120 Drills to Produce Top Class Goalkeepers*

Maarten Arts  
2019-03-29 Maarten Arts (UEFA A Coaching Licence)

has many years of coaching experience at the elite level all around the world and has created a full blueprint of 120 Drills to produce top class goalkeepers. This training program has proved to create better, all round goalkeepers at every level, from juniors up to top-level international goalkeepers. This book shows you how to develop goalkeepers with specific drills, but it will also inspire you to create your own drills in the image of this program. Included with each drill, there are detailed coaching points which are

essential to develop goalkeepers in the best way. This book focuses on the fundamental technical skills needed to become a top class goalkeeper and includes chapters "Drills with Outfield Players" and "Goalkeeper Games" to show you how to use these skills in situations similar to a match. Each of the 12 chapters in this book includes 10 Drills on a specific goalkeeping technique or topic:

1. CATCHING
2. FALLING
3. DIVING
4. PUNCHING
5. PARRYING
6. HIGH BALLS
7. ONE V ONE
8. TECHNICAL SKILLS WITH THE FEET
9. FOOTWORK
10. DISTRIBUTION
11. DRILLS WITH OUTFIELD PLAYERS
12. GOALKEEPER GAMES

Maarten Arts UEFA A Coaching Licence Royal Union Saint Gilloise (Belgium) Goalkeeping Coach (2018 - Present) Al Wahda (Abu Dhabi) Head Goalkeeping Coach (2017 - 2018) Wadi Degla FC (Egypt) Head Goalkeeping Coach (2015 - 2017) Lierse SK (Belgium) Goalkeeping Coach (2014 - 2015) Saudi Arabia National Team Goalkeeping Coach (2013

- 2014) Umm Salal (Qatar) Goalkeeping Coach (2010 - 2013) FC Utrecht Goalkeeping Coach (1998 - 2009) "I wish you all great success in your careers and I hope the drills in this book will help make your goalkeepers TOP Class." - Maarten Arts

**The Big Book of Conflict Resolution Games: Quick, Effective Activities to Improve Communication, Trust and Collaboration** Mary Scannell 2010-05-28 Make workplace conflict resolution a game that EVERYBODY wins! Recent studies show that typical managers devote more than a quarter of their time to resolving coworker disputes. The Big Book of Conflict-Resolution Games offers a wealth of activities and exercises for groups of any size that let you manage your business (instead of managing personalities). Part of the acclaimed, bestselling Big Books series, this guide offers step-by-step directions and customizable tools that empower you to heal rifts arising from ineffective

communication, cultural/personality clashes, and other specific problem areas—before they affect your organization's bottom line. Let The Big Book of Conflict-Resolution Games help you to: Build trust Foster morale Improve processes Overcome diversity issues And more Dozens of physical and verbal activities help create a safe environment for teams to explore several common forms of conflict—and their resolution. Inexpensive, easy-to-implement, and proved effective at Fortune 500 corporations and mom-and-pop businesses alike, the exercises in The Big Book of Conflict-Resolution Games delivers everything you need to make your workplace more efficient, effective, and engaged.

**Pep Guardiola - 85 Passing, Rondos, Possession Games & Technical Circuits Direct from Pep's Training**

**Sessions** Soccertutor Com 2019-09-20 After the hugely popular Volume 1, Volume 2 gives you another rare opportunity into Pep

Guardiola's Training Sessions with 85 Practices taken directly from Pep's training sessions including: Technical Circuits, Passing, Rondos, Positional and Possession Games, Small to Large Sided Games at Manchester City, Bayern Munich and FC Barcelona.

**Fc Barcelona - a Tactical Analysis** Terzis Athanasios

2012-02 FC Barcelona: A Tactical Analysis - Defending A Team from Another Planet! A Tactical Blue-Print of Pep Guardiola's Barcelona Team This book is an exclusive and groundbreaking study of Pep Guardiola's Barcelona team. This information and analysis of one of the most successful club sides in history has been in high demand and it is finally here! The defensive part of Barcelona's game does not get enough attention, but is integral to their philosophy and all their superior style of play. The main elements of their tactics include pressure high up the pitch, winning the ball back quickly, maintaining a numerical advantage around the ball zone and pushing their

opponents wide to limit their space. We can now see a full analysis of Barcelona's defensive tactics which have been so important to their success. The book shows Barca's 4-3-3 system of play, each player's responsibilities, positioning and movement within every possible phase of play. Terzis Athanasios is a Tactical Professor of Football and has compiled an extensive assessment of Barcelona's attacking play after over 1000 hours of studying all the games from the 2010-11 season. Guardiola's team has won 3 La Liga championships, 2 UEFA Champions Leagues, 4 Spanish Cups, 2 Super Cups, and 2 FIFA World Club World Cups. The book starts with the characteristics of the players and the philosophy of Barcelona and builds into a comprehensive overview of the defensive tactics employed with clear diagrams and detailed descriptions. Included:

- Strategies used to counter specific formations (the 4-4-2, 4-2-3-1, 4-3-2-1, 5-3-2 and the 4-3-2-1).
- Assessments of

specific phases of play (central zone, near the side-lines and set plays). - Pressure, cover and support from front, middle and defensive zones - Preventing and limiting opposition space - Defending from set-pieces - Plus a lot more - SEE FULL BOOK CONTENTS BELOW This gives football coaches an unbelievable chance to learn how Barcelona play and adapt their tactics to combat any team they play. Their defensive work is so important to their success and allows them to be such a strong attacking force.

*René Meulensteen & Man Utd Methods of Success (2007-2013) - René's Coaching Philosophy and Training Sessions (94 Practices), Sir Alex Ferguson's Management, Culture, Principles and Tactics René Meulensteen 2020-12 René Meulensteen (UEFA Pro Licence) spent 12 years at Manchester United and was Sir Alex Ferguson's First Team Coach during the most successful years in the club's history (2007- 2013). René's expertise provides coaches of all levels a great insight into the*

key aspects and methods behind Manchester United's success when they won 1 x UEFA Champions League (+2 Runner-up), 4 x Premier Leagues and 1 x League Cup all within 6 seasons. During this period, René was responsible for creating and coaching all of the first team training sessions. He kept a record of every single training session in organised folders, and these Technical and Tactical Practices and Sessions form the basis of this book (94 Practices included). This book provides a detailed blueprint of the successful structure and organisation of Manchester United, as well as the Management, Leadership, Principles, Tactics and Philosophy of Play of the greatest British manager in history, Sir Alex Ferguson. Find out how Manchester United produced such a High Speed of Play, created Waves of Attacks, and how they scored so many late goals using Scenario Training ("Fergie Time"). All of this content will provide you with a great understanding of the methods behind

Manchester United's success, from the training pitch to match days. This is your chance to practice and apply René's exact Manchester United training sessions, enabling your team to reproduce Alex Ferguson's team's fantastic attacking style. MANCHESTER UNITED PRACTICE / SESSION TOPIC EXAMPLES: Build-up Play Switching Play Forward Passes and Runs to Break the Lines Attacking Overloads Crosses and Box Runs Attacking Combination Play Dominating 1v1 Situations and Finishing Defensive Shape, Pressing and Recovery Transition from Defence to Attack (Counter Attacks) "Fergie Time" Scenario Training As well as the first team training sessions, this book also shows you René's Development Model, Coaching Philosophy, and the importance of Specific Technical Training (1v1s and Finishing). During his time at Manchester United, René was attributed to improving the individual technique and performances of Cristiano Ronaldo, Ryan Giggs, Ruud van Nistelrooy, Robin van

Persie, Nani, and many others. The practices he used for individual or small group training are included in this book.

Coaching the 4-2-3-1 Wayne Harrison 2011-09-01 This book is a comprehensive overview of the 4-2-3-1 system of play. This is the formation of choice for several top clubs around the world, including World Cup Champions Spain. Coach Harrison, who utilizes the 4-2-3-1 with his teams at top Asian professional club Al Ain, covers every aspect of this popular system. Includes tactical discussion as well as small sided situational games to teach and develop players.

**360+ Soccer Attacking & Defending Drills** Christoph Friedrich 2015-10-23  
ATTACKING: In order for a team to play up to its full potential, any good coach must teach how to attack and show what a team can do to maximize its chances of scoring. The main objective of an attacking strategy is to produce space and time in which to create scoring opportunities by using

individual ability, quick, confident combination play and a constant movement of players. Hence coaches should attempt to create training conditions that induce players to develop their individual soccer skill while manipulating time and space. DEFENDING: Good defending is the cornerstone of every team that wins the majority of its games. It is the coach's role to build a certain kind of pride in his players to enjoy shutting out the other team. Therefore all players on the team should learn how to defend well including midfielders and forwards and not just defenders exclusively. Players that defend well, with a disciplined, protection first mentality, can contribute a lot to a team and may even realize that they're playing more effectively than in the past because you dedicated time and effort to become great at this soccer skill. The competitive U8, U9, U10, U11, U12, U13, U14, U15, U16, U17 soccer drills and progressive soccer games in this book will help you coach your players the

attacking and defending principles and improve the soccer skill needed in those situations as a team and

individual. Here is what you get: 360+ Soccer Drills And Practices 500+ Variations Descriptions Diagrams Coaching Points