

Soft Skills The Software Developers Life Manual

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Personality Development and Soft Skills Barun Mitra 2012-04-24 This book aims to provide crucial insights into various facets of developing one's personality, as well as to improve written, verbal, and non-verbal communication skills. Special attention has been paid to the specific needs of a job aspirant, such as writing of effective CVs, participation in group discussions, tackling job interviews, and to hone one's public speaking and speed-reading skills.

Elasticsearch Server Rafal Kuc 2013-02-21 Elasticsearch is an open source search server built on Apache Lucene. It was built to provide a scalable search solution with built-in support for near real-time search and multi-tenancy. Jumping into the world of Elasticsearch by setting up your own custom cluster, this book will show you how to create a fast, scalable, and flexible search solution. By learning the ins-and-outs of data indexing and analysis, "ElasticSearch Server" will start you on your journey to mastering the powerful capabilities of Elasticsearch. With practical chapters covering how to search data, extend your search, and go deep into cluster administration and search analysis, this book is perfect for those new and experienced with search servers. In "ElasticSearch Server" you will learn how to revolutionize your website or application with faster, more accurate, and flexible search functionality. Starting with chapters on setting up your own Elasticsearch cluster and searching and extending your search parameters you will quickly be able to create a fast, scalable, and completely custom search solution. Building on your knowledge further you will learn about Elasticsearch's query API and become confident using powerful filtering and faceting capabilities. You will develop practical knowledge on how to make use of Elasticsearch's near real-time capabilities and support for multi-tenancy. Your journey then concludes with chapters that help you monitor and tune your Elasticsearch cluster as well as advanced topics such as shard allocation, gateway configuration, and the discovery module.

Developer Hegemony Erik Dietrich It's been said that software is eating the planet. The modern economy—the world itself—relies on technology. Demand for the people who can produce it far outweighs the supply. So why do developers occupy largely subordinate roles in the corporate structure? Developer Hegemony explores the past, present, and future of the corporation and what it means for developers. While it outlines problems with the modern corporate structure, it's ultimately a play-by-play of how to leave the corporate carnival and control your own destiny. And it's an emboldening, specific vision of what software development looks like in the world of developer hegemony—one where developers band together into partner firms of "efficiencers," finally able to command the pay, respect, and freedom that's earned by solving problems no one else can. Developers, if you grow tired of being treated like geeks who can only be trusted to take orders and churn out code, consider this your call to arms. Bring about the autonomous future that's rightfully yours. It's time for developer hegemony.

Skill Up: A Software Developer's Guide to Life and Career Jordan Hudgens 2017-07-31 This unique book provides you with a wealth of tips, tricks, best practices, and answers to the day-to-day questions that programmers face in their careers. It is split into three parts: Coder Skills, Freelancer Skills, and Career Skills, providing the knowledge you need to get ahead in programming. About This Book Over 50 essays with practical advice on improving your programming career Practical focus gives solutions to common problems, and methods to become a better coder Includes advice for existing programmers and those wanting to begin a career in programming Who This Book Is For This book is useful for programmers of any ability or discipline. It has advice for those thinking about beginning a career in programming, those already working as a fully employed programmer, and for those working as freelance developers. What You Will Learn Improve your soft skills to become a better and happier coder Learn to be a better developer Grow your freelance development business Improve your development career Learn the best approaches to breaking down complex topics Have the confidence to charge what you're worth as a freelancer Succeed in developer job interviews In Detail This is an all-purpose toolkit for your programming career. It has been built by Jordan Hudgens over a lifetime of coding and teaching coding. It helps you identify the key questions and stumbling blocks that programmers encounter, and gives you the answers to them! It is a comprehensive guide containing more than 50 insights that you can use to improve your work, and to give advice in your career. The book is split up into three topic areas: Coder Skills, Freelancer Skills, and Career Skills, each containing a wealth of practical advice. Coder Skills contains advice for people starting out, or those who are already working in a programming role but want to improve their skills. It includes such subjects as: how to study and understand complex topics, and getting past skill plateaus when learning new languages. Freelancer Skills contains advice for developers working as freelancers or with freelancers. It includes such subjects as: knowing when to fire a client, and tips for taking over legacy applications. Career Skills contains advice for building a successful career as a developer. It includes such subjects as: how to improve your programming techniques, and interview guides and developer salary negotiation strategies. Style and approach This unique book provides over 50 insightful essays full of practical advice for improving your programming career. The book is split into three broad sections covering different aspects of a developer's career. Each essay is self-contained and can be read individually, or in chunks.

Soft Skills John Z. Sonmez 2015 Summary Soft Skills: The software developer's life manual is a unique guide, offering techniques and practices for a more satisfying life as a professional software developer. In it, developer and life coach John Sonmez addresses a wide range of important "soft" topics, from career and productivity to personal finance and investing, and even fitness and relationships, all from a developer-centric viewpoint. Forewords by Robert C. Martin (Uncle Bob) and Scott Hanselman. Purchase of the print book includes a free eBook in PDF, Kindle, and ePub formats from Manning Publications. About the Book For most software developers, coding is the fun part. The hard bits are dealing with clients, peers, and managers, staying productive, achieving financial security, keeping yourself in shape, and finding true love. This book is here to help. Soft Skills: The software developer's life manual is a guide to a well-rounded, satisfying life as a technology professional. In it, developer and life coach John Sonmez offers advice to developers on important "soft" subjects like career and productivity, personal finance and investing, and even fitness and relationships. Arranged as a collection of 71 short chapters, this fun-to-read book invites you to dip in wherever you like. A Taking Action section at the end of each chapter shows you how to get quick results. Soft Skills will help make you a better programmer, a more valuable employee, and a happier, healthier person. What's Inside Boost your career by building a personal brand John's secret ten-step process for learning quickly Fitness advice to turn your geekiness to your advantage Unique strategies for investment and early retirement About the Author John Sonmez is a developer, teacher, and life coach who helps technical professionals boost their careers and live a more fulfilled life. Table of Contents Why this book is unlike any book you've ever read SECTION 1: CAREER Getting started with a "BANG!": Don't do what everyone else does Thinking about the future: What are your goals? People skills: You need them more than you think Hacking the interview Employment options: Enumerate your choices What kind of software developer are you? Not all companies are equal Climbing the corporate ladder Being a professional Freedom: How to quit your job Freelancing: Going out on your own Creating your first product Do you want to start a startup? Working remotely survival strategies Fake it till you make it Resumes are BORING--Let's fix that Don't get religious about technology SECTION 2: MARKETING YOURSELF Marketing basics for code monkeys Building a brand that gets you noticed Creating a wildly successful blog Your primary goal: Add value to others #UsingSocialNetworks Speaking, presenting, and training: Speak geek Writing books and articles that attract a following Don't be afraid to look like an idiot SECTION

3: LEARNING Learning how to learn: How to teach yourself My 10-step process Steps 1-6: Do these once Steps 7-10: Repeat these Looking for mentors: Finding your Yoda Taking on an apprentice: Being Yoda Teaching: Learn you want? Teach you must. Do you need a degree or can you "wing it?" Finding gaps in your knowledge SECTION 4: PRODUCTIVITY It all starts with focus My personal productivity plan Pomodoro Technique My quota system: How I get way more done than I should Holding yourself accountable Multitasking dos and don'ts Burnout: I've got the cure! How you're wasting your time The importance of having a routine Developing habits: Brushing your code Breaking things down: How to eat an elephant The value of hard work and why you keep avoiding it Any action is better than no action SECTION 5: FINANCIAL What are you going to do with your paycheck? How to negotiate your salary Options: Where all the fun is Bits and bytes of real estate investing Do you really understand your retirement plan? The danger of debt: SSDs are expensive Bonus: How I retired at 33 SECTION 6: FITNESS Why you need to hack your health Setting your fitness criteria Thermodynamics, calories, and you Motivation: Getting your butt out of the chair How to gain muscle: Nerds can have bulging biceps How to get hash-table abs Starting RunningProgram.exe Standing desks and other hacks Tech gear for fitness: Geeking out SECTION 7: SPIRIT How the mind influences the body Having the right mental attitude: Rebooting Building a positive self-image: Programming your brain Love and relationships: Computers can't hold your hand My personal success book list Facing failure head-on Parting words

Instagram For Business For Dummies Herman 2018-01-11 Leverage the power of Instagram to promote your brand Instagram is the photo- and video-sharing app used by millions across the globe. More than just a social platform for users to share their experiences with family and friends, it's become a vital tool for business owners and marketers to create visual narratives about what makes them, and their products, different from everything else that's out there. Instagram For Business For Dummies shows you how to use the app to connect with your audience in a meaningful way as you showcase your products and offer a unique insider's view of your brand. Perfect for Instagram newbies or those who want to spruce up an existing account, this book helps you set up a powerful business profile, compose successful posts, and tell your story to the world. Install the app, set up your account, and track analytics Upload your photos and videos, and expand your reach with hashtags Use Instagram Stories and live video Create paid ads to reach your target audience Instagram For Business For Dummies will help you learn to use Instagram to connect with users in a fresh and relevant way—and instantly get ahead of the competition.

The Complete Software Developer's Career Guide John Z. Sonmez 2017 "Early in his software developer career, John Sonmez discovered that technical knowledge alone isn't enough to break through to the next income level - developers need "soft skills" like the ability to learn new technologies just in time, communicate clearly with management and consulting clients, negotiate a fair hourly rate, and unite teammates and coworkers in working toward a common goal. Today John helps more than 1.4 million programmers every year to increase their income by developing this unique blend of skills. Who Should Read This Book? Entry-Level Developers - This book will show you how to ensure you have the technical skills your future boss is looking for, create a resume that leaps off a hiring manager's desk, and escape the "no work experience" trap. Mid-Career Developers - You'll see how to find and fill in gaps in your technical knowledge, position yourself as the one team member your boss can't live without, and turn those dreaded annual reviews into chance to make an iron-clad case for your salary bump. Senior Developers - This book will show you how to become a specialist who can command above-market wages, how building a name for yourself can make opportunities come to you, and how to decide whether consulting or entrepreneurship are paths you should pursue. Brand New Developers - In this book you'll discover what it's like to be a professional software developer, how to go from "I know some code" to possessing the skills to work on a development team, how to speed along your learning by avoiding common beginner traps, and how to decide whether you should invest in a programming degree or "bootcamp."--

Occupational Outlook Handbook United States. Bureau of Labor Statistics 1976

Team Geek Brian W. Fitzpatrick 2012-07-06 In a perfect world, software engineers who produce the best code are the most successful. But in our perfectly messy world, success also depends on how you work with people to get your job done. In this highly entertaining book, Brian Fitzpatrick and Ben Collins-Sussman cover basic patterns and anti-patterns for working with other people, teams, and users while trying to develop software. This is valuable information from two respected software engineers whose popular series of talks—including "Working with Poisonous People"—has attracted hundreds of thousands of followers. Writing software is a team sport, and human factors have as much influence on the outcome as technical factors. Even if you've spent decades learning the technical side of programming, this book teaches you about the often-overlooked human component. By learning to collaborate and investing in the "soft skills" of software engineering, you can have a much greater impact for the same amount of effort. Team Geek was named as a Finalist in the 2013 Jolt Awards from Dr. Dobb's Journal. The publication's panel of judges chose five notable books, published during a 12-month period ending June 30, that every serious programmer should read.

Soft Skills to Advance Your Developer Career Zsolt Nagy 2019-09-20 As a software developer, your technical skill set is in high demand. Devices and technology have become an integral part of our everyday lives and no digital organization can thrive without technical professionals on the payroll. However, career plateaus are inevitable in even the most high-demand field. Companies do not only need software developers; they need software developers with soft skills. In *Soft Skills to Advance Your Developer Career*, author Zsolt Nagy explores how emotional intelligence can give your software development career an edge. These subjects are not taught in school, and unfortunately the career advancement of many excellent developers can be blocked by their inability to effectively communicate their needs, assert themselves, and negotiate confidently. Throughout this book, Nagy shows you how to actively improve and prioritize your soft skills so that you can better represent the holistic interests of your team, obtain better working conditions, negotiate raises, and increase your variety of employment options by elevating your interviewing skills. Discover the obstacles standing between you and a fulfilling career by finding and improving strengths you may not have even known you had. Jump out of your box with *Soft Skills to Advance Your Developer Career* and leverage your expertise with effortless confidence at all stages of your professional journey. What You Will Learn Examine why software developer careers cannot be treated similarly as any other career path Understand the four soft-skills you need to advance your career Develop a strategy for your personal brand and align it with your career plan Realize the role of assertive communication, and the importance of giving and receiving feedback Create a plan for setting yourself up for a raise or promotion Discover techniques for acing the behavioral and coding interview Who This Book Is For Software developers who have the technical skills required for career advancement, but want a guide on how to manage their careers

Working Effectively with Legacy Code Michael Feathers 2004-09-22 Get more out of your legacy systems: more performance, functionality, reliability, and manageability Is your code easy to change? Can you get nearly instantaneous feedback when you do change it? Do you understand it? If the answer to any of these questions is no, you have legacy code, and it is draining time and money away from your development efforts. In this book, Michael Feathers offers start-to-finish strategies for working more effectively with large, untested legacy code bases. This book draws on material Michael created for his renowned Object Mentor seminars: techniques Michael has used in mentoring to help hundreds of developers, technical managers, and testers bring their

legacy systems under control. The topics covered include Understanding the mechanics of software change: adding features, fixing bugs, improving design, optimizing performance Getting legacy code into a test harness Writing tests that protect you against introducing new problems Techniques that can be used with any language or platform—with examples in Java, C++, C, and C# Accurately identifying where code changes need to be made Coping with legacy systems that aren't object-oriented Handling applications that don't seem to have any structure This book also includes a catalog of twenty-four dependency-breaking techniques that help you work with program elements in isolation and make safer changes.

Sex and the Supreme Court Saurabh Kirpal 2020-08-27 'The Constitution [of India] has within it the ability to produce social catharsis...' At 12.12 p.m. on 6 September 2018, the Supreme Court of India created history by reading down Section 377 - reversing an archaic law laid down by the British in 1860 and decriminalizing homosexuality for the first time in modern India. Yet, this is not the only ruling that the Supreme Court has made in recent times championing the rights of an individual to her or his identity and dignity. From empowering the transgender community and lending teeth to the prevention of sexual harassment of women at the workplace, to protecting the privacy, rights and dignity of women and minorities on issues such as interfaith marriages, entering the Sabarimala temple, the controversial triple talaq and the striking down of the adultery law - the highest court of the land has firmly placed the individual at the centre of the constitutional firmament, and set a course for progressive societal reform. This remarkable collection of writings by legal luminaries is the only book to offer sharp insights into each of these crucial rulings. Justice M.B. Lokur writes on the issues that affect the transgender community; Justice B.D. Ahmed elucidates on Muslim law in the modern context; and Justice A.K. Sikri addresses the fundamental concept of dignity, which binds together all the essays in this book. Some of the best-known names in Indian law - Mukul Rohatgi, Madhavi Divan, Menaka Guruswamy, Arundhati Katju and Saurabh Kirpal - offer legal perspectives of judgements on sex, sexuality and gender. From petitioners like Ritu Dalmia, Keshav Suri and Zainab Patel, we hear personal narratives of being a part of the LGBTQ community in India, while journalist Namita Bhandare provides a powerful account of the struggle against sexual harassment. An unprecedented documentation of the rulings that have set a standard for the rights and liberties of sexual minorities and women in India, Sex and the Supreme Court is also an invaluable record for posterity - for it reveals the power of the country's courts to uphold the privacy, dignity and safety of its citizens.

Your Code as a Crime Scene Adam Tornhill 2015-03-30 Jack the Ripper and legacy codebases have more in common than you'd think. Inspired by forensic psychology methods, you'll learn strategies to predict the future of your codebase, assess refactoring direction, and understand how your team influences the design. With its unique blend of forensic psychology and code analysis, this book arms you with the strategies you need, no matter what programming language you use. Software is a living entity that's constantly changing. To understand software systems, we need to know where they came from and how they evolved. By mining commit data and analyzing the history of your code, you can start fixes ahead of time to eliminate broken designs, maintenance issues, and team productivity bottlenecks. In this book, you'll learn forensic psychology techniques to successfully maintain your software. You'll create a geographic profile from your commit data to find hotspots, and apply temporal coupling concepts to uncover hidden relationships between unrelated areas in your code. You'll also measure the effectiveness of your code improvements. You'll learn how to apply these techniques on projects both large and small. For small projects, you'll get new insights into your design and how well the code fits your ideas. For large projects, you'll identify the good and the fragile parts. Large-scale development is also a social activity, and the team's dynamics influence code quality. That's why this book shows you how to uncover social biases when analyzing the evolution of your system. You'll use commit messages as eyewitness accounts to what is really happening in your code. Finally, you'll put it all together by tracking organizational problems in the code and finding out how to fix them. Come join the hunt for better code! What You Need: You need Java 6 and Python 2.7 to run the accompanying analysis tools. You also need Git to follow along with the examples.

World Development Report 2016 World Bank Group 2016-01-14 Digital technologies are spreading rapidly, but digital dividends--the broader benefits of faster growth, more jobs, and better services--are not. If more than 40 percent of adults in East Africa pay their utility bills using a mobile phone, why can't others around the world do the same? If 8 million entrepreneurs in China--one third of them women--can use an e-commerce platform to export goods to 120 countries, why can't entrepreneurs elsewhere achieve the same global reach? And if India can provide unique digital identification to 1 billion people in five years, and thereby reduce corruption by billions of dollars, why can't other countries replicate its success? Indeed, what's holding back countries from realizing the profound and transformational effects that digital technologies are supposed to deliver? Two main reasons. First, nearly 60 percent of the world's population are still offline and can't participate in the digital economy in any meaningful way. Second, and more important, the benefits of digital technologies can be offset by growing risks. Startups can disrupt incumbents, but not when vested interests and regulatory uncertainty obstruct competition and the entry of new firms. Employment opportunities may be greater, but not when the labor market is polarized. The internet can be a platform for universal empowerment, but not when it becomes a tool for state control and elite capture. The World Development Report 2016 shows that while the digital revolution has forged ahead, its 'analog complements'--the regulations that promote entry and competition, the skills that enable workers to access and then leverage the new economy, and the institutions that are accountable to citizens--have not kept pace. And when these analog complements to digital investments are absent, the development impact can be disappointing. What, then, should countries do? They should formulate digital development strategies that are much broader than current information and communication technology (ICT) strategies. They should create a policy and institutional environment for technology that fosters the greatest benefits. In short, they need to build a strong analog foundation to deliver digital dividends to everyone, everywhere.

Soft Skills John Z. Sonmez 2014 "For most software developers, coding is the fun part. The hard bits are dealing with clients, peers, and managers, staying productive, achieving financial security, keeping yourself in shape, and finding true love. This book is here to help. Soft Skills: The software developer's life manual is a guide to a well-rounded, satisfying life as a technology professional. In it, developer and life coach John Sonmez offers advice to developers on important "soft" subjects like career and productivity, personal finance and investing, and even fitness and relationships. Arranged as a collection of 71 short chapters, this fun book invites you to dip in wherever you like. A Taking Action section at the end of each chapter shows you how to get quick results. Soft Skills will help make you a better programmer, a more valuable employee, and a happier, healthier person."--Resource description page.

Soft Skills K Alex 2009-07 This book Soft Skills is like a companion, guiding the students, young men and women, at every step in the job market and corporate personnel.Soft Skills have become absolutely essential, both for the growth and success of an individual as well as the organization.

Soft Skills John Sonmez 2020-11 For most software developers, coding is the fun part. The hard bits are dealing with clients, peers, and managers and staying productive, achieving financial security, keeping yourself in shape, and finding true love. This book is here to help. Soft Skills: The Software Developer's Life Manual is a guide to a well-rounded, satisfying life as a technology professional. In it, developer and life coach John Sonmez offers advice to developers on important subjects like career and productivity, personal finance and investing, and even fitness and relationships. Arranged as a collection of 71 short chapters, this fun listen invites you to dip in wherever you like. A "Taking Action" section at the end of each chapter tells you how to get quick results. Soft Skills will help make you a better programmer, a more valuable employee, and a happier, healthier person.

CLR Via C# Jeffrey Richter 2006 A guide to the workings of the common language runtime, Microsoft .NET, and C#.

Programming Interviews For Dummies John Sonmez 2019-10-15 Get ready for interview success Programming jobs are on the rise, and the field is predicted to keep growing, fast. Landing one of these lucrative and rewarding jobs requires more than just being a good programmer. Programming Interviews For Dummies explains the skills and knowledge you need to ace the

programming interview. Interviews for software development jobs and other programming positions are unique. Not only must candidates demonstrate technical savvy, they must also show that they're equipped to be a productive member of programming teams and ready to start solving problems from day one. This book demystifies both sides of the process, offering tips and techniques to help candidates and interviewers alike. Prepare for the most common interview questions Understand what employers are looking for Develop the skills to impress non-technical interviewers Learn how to assess candidates for programming roles Prove that you (or your new hires) can be productive from day one Programming Interviews For Dummies gives readers a clear view of both sides of the process, so prospective coders and interviewers alike will learn to ace the interview.

Software Design X-Rays Adam Tornhill 2018-03-08 Are you working on a codebase where cost overruns, death marches, and heroic fights with legacy code monsters are the norm? Battle these adversaries with novel ways to identify and prioritize technical debt, based on behavioral data from how developers work with code. And that's just for starters. Because good code involves social design, as well as technical design, you can find surprising dependencies between people and code to resolve coordination bottlenecks among teams. Best of all, the techniques build on behavioral data that you already have: your version-control system. Join the fight for better code! Use statistics and data science to uncover both problematic code and the behavioral patterns of the developers who build your software. This combination gives you insights you can't get from the code alone. Use these insights to prioritize refactoring needs, measure their effect, find implicit dependencies between different modules, and automatically create knowledge maps of your system based on actual code contributions. In a radical, much-needed change from common practice, guide organizational decisions with objective data by measuring how well your development teams align with the software architecture. Discover a comprehensive set of practical analysis techniques based on version-control data, where each point is illustrated with a case study from a real-world codebase. Because the techniques are language neutral, you can apply them to your own code no matter what programming language you use. Guide organizational decisions with objective data by measuring how well your development teams align with the software architecture. Apply research findings from social psychology to software development, ensuring you get the tools you need to coach your organization towards better code. If you're an experienced programmer, software architect, or technical manager, you'll get a new perspective that will change how you work with code. What You Need: You don't have to install anything to follow along in the book. TThe case studies in the book use well-known open source projects hosted on GitHub. You'll use CodeScene, a free software analysis tool for open source projects, for the case studies. We also discuss alternative tooling options where they exist.

Clean Agile Robert C. Martin 2019-09-12 Agile Values and Principles for a New Generation "In the journey to all things Agile, Uncle Bob has been there, done that, and has the both the t-shirt and the scars to show for it. This delightful book is part history, part personal stories, and all wisdom. If you want to understand what Agile is and how it came to be, this is the book for you." --Grady Booch "Bob's frustration colors every sentence of Clean Agile, but it's a justified frustration. What is in the world of Agile development is nothing compared to what could be. This book is Bob's perspective on what to focus on to get to that 'what could be.' And he's been there, so it's worth listening." --Kent Beck "It's good to read Uncle Bob's take on Agile. Whether just beginning, or a seasoned Agilista, you would do well to read this book. I agree with almost all of it. It's just some of the parts make me realize my own shortcomings, dammit. It made me double-check our code coverage (85.09%)." --Jon Kern Nearly twenty years after the Agile Manifesto was first presented, the legendary Robert C. Martin ("Uncle Bob") reintroduces Agile values and principles for a new generation--programmers and nonprogrammers alike. Martin, author of Clean Code and other highly influential software development guides, was there at Agile's founding. Now, in Clean Agile: Back to Basics, he strips away misunderstandings and distractions that over the years have made it harder to use Agile than was originally intended. Martin describes what Agile is in no uncertain terms: a small discipline that helps small teams manage small projects . . . with huge implications because every big project is comprised of many small projects. Drawing on his fifty years' experience with projects of every conceivable type, he shows how Agile can help you bring true professionalism to software development. Get back to the basics--what Agile is, was, and should always be Understand the origins, and proper practice, of SCRUM Master essential business-facing Agile practices, from small releases and acceptance tests to whole-team communication Explore Agile team members' relationships with each other, and with their product Rediscover indispensable Agile technical practices: TDD, refactoring, simple design, and pair programming Understand the central roles values and craftsmanship play in your Agile team's success If you want Agile's true benefits, there are no shortcuts: You need to do Agile right. Clean Agile: Back to Basics will show you how, whether you're a developer, tester, manager, project manager, or customer. Register your book for convenient access to downloads, updates, and/or corrections as they become available. See inside book for details.

The Healthy Programmer Joe Kutner 2013-06-26 Printed in full color. To keep doing what you love, you need to maintain your own systems, not just the ones you write code for. Regular exercise and proper nutrition help you learn, remember, concentrate, and be creative--skills critical to doing your job well. Learn how to change your work habits, master exercises that make working at a computer more comfortable, and develop a plan to keep fit, healthy, and sharp for years to come. Small changes to your habits can improve your health--without getting in the way of your work. The Healthy Programmer gives you a daily plan of action that's incremental and iterative just like the software development processes you're used to. Every tip, trick, and best practice is backed up by the advice of doctors, scientists, therapists, nutritionists, and numerous fitness experts. We'll review the latest scientific research to understand how being healthy is good for your body and mind. You'll start by adding a small amount of simple activity to your day--no trips to the gym needed. You'll learn how to mitigate back pain, carpal tunnel syndrome, headaches, and many other common sources of pain. You'll also learn how to refactor your diet to properly fuel your body without gaining weight or feeling hungry. Then, you'll turn the exercises and activities into a pragmatic workout methodology that doesn't interfere with the demands of your job and may actually improve your cognitive skills. You'll also learn the secrets of prominent figures in the software community who turned their health around by making diet and exercise changes. Throughout, you'll track your progress with a "companion iPhone app". Finally, you'll learn how to make your healthy lifestyle pragmatic, attainable, and fun. If you're going to live well, you should enjoy it. Disclaimer This book is intended only as an informative guide for those wishing to know more about health issues. In no way is this book intended to replace, countermand, or conflict with the advice given to you by your own healthcare provider including Physician, Nurse Practitioner, Physician Assistant, Registered Dietician, and other licensed professionals. Keep in mind that results vary from person to person. This book is not intended as a substitute for medical or nutritional advice from a healthcare provider or dietician. Some people have a medical history and/or condition and/or nutritional requirements that warrant individualized recommendations and, in some cases, medications and healthcare surveillance. Do not start, stop, or change medication and dietary recommendations without professional medical and/or Registered Dietician advice. A healthcare provider should be consulted if you are on medication or if there are any symptoms that may require diagnosis or medical attention. Do not change your diet if you are ill, or on medication except under the supervision of a healthcare provider. Neither this, nor any other book or discussion forum is intended to take the place of personalized medical care of treatment provided by your healthcare provider. This book was current as of January, 2013 and as new information becomes available through research, experience, or changes to product contents, some of the data in this book may become invalid. You should seek the most up to date information on your medical care and treatment from your health care professional. The ultimate decision concerning care should be made between you and your healthcare provider. Information in this book is general and is offered with no guarantees on the part of the author, editor or The Pragmatic Programmers, LLC. The author, editors and publisher disclaim all liability in connection with the use of this book.

55 Soft Skills Tobin Porterfield 2018

Multi-Family Millions David Lindahl 2012-06-13 Multi-Family Millions offers expert advice for

investors who want to make the transition from single-family homes to more profitable multi-family units. Successful real estate investor David Lindahl shows you how to find troubled properties that are ripe for quick profits, how to fix or flip those properties, and how to re-sell at maximum value. With a proven step-by-step system for managing each stage of the process, this book shows you how to get started in moneymaking multi-family units?even while you work your day job.

Own Your Tech Career Don Jones 2021-08-24 Own Your Tech Career: Soft skills for technologists is a guide to taking control of your professional life. It teaches you to approach your career with planning and purpose, always making active decisions towards your goals. Summary In Own Your Tech Career: Soft skills for technologists, you will: Define what “success” means for your career Discover personal branding and career maintenance Prepare for and conduct a tech job hunt Spot speed bumps and barriers that can derail your progress Learn how to navigate the rules of the business world Perform market analysis to keep your tech skills fresh and relevant Whatever your road to success, you’ll benefit from the toolbox of career-boosting techniques you’ll find in Own Your Tech Career: Soft skills for technologists. You’ll discover in-demand communication and teamwork skills, essential rules for professionalism, tactics of the modern job hunt, and more. Purchase of the print book includes a free eBook in PDF, Kindle, and ePub formats from Manning Publications. About the technology A successful technology career demands more than just technical ability. Achieving your goals requires clear communication, top-notch time management, and a knack for navigating business needs. Master the “soft skills,” and you’ll have a smoother path to success and satisfaction, however you define that for yourself. About the book Own Your Tech Career: Soft skills for technologists helps you get what you want out of your technology career. You’ll start by defining your ambition—whether that’s a salary, a job title, a flexible schedule, or something else. Once you know where you’re going, this book’s adaptable advice guides your journey. You’ll learn conflict resolution and teamwork, master nine rules of professionalism, and build the confidence and skill you need to stay on the path you’ve set for yourself. What’s inside Personal branding and career maintenance Barriers that derail progress The rules of the business world Market analysis to keep tech skills fresh About the reader For tech professionals who want to take control of their career. About the author Microsoft MVP Don Jones brings his years of experience as a successful IT trainer to this engaging guide. Table of Contents 1 Own your career 2 Build and maintain your brand 3 Network 4 Be part of a technology community 5 Keep your tech skills fresh and relevant 6 Show up as a professional 7 Manage your time 8 Handle remote work 9 Be a team player 10 Be a team leader 11 Solve problems 12 Conquer written communications 13 Conquer verbal communications 14 Resolve conflicts 15 Be a data-driven, critical thinker 16 Understand how businesses work 17 Be a better decision-maker 18 Help others 19 Be prepared for anything 20 Business math and terminology for technologists 21 Tools for the modern job hunt **Hackers & Painters** Paul Graham 2004 The author examines issues such as the rightness of web-based applications, the programming language renaissance, spam filtering, the Open Source Movement, Internet startups and more. He also tells important stories about the kinds of people behind technical innovations, revealing their character and their craft.

Educational Games for Soft-Skills Training in Digital Environments Elena Dell’Aquila 2016-12-14 The book explores advances in soft-skill training through the adaptation of traditional psycho-pedagogical methodology to digital and online settings. Several educational techniques are explored, such as role-playing, psychodrama and rule and drama-based games. The experiences reported in the book are the synthesis of several European projects, coordinated by the authors, aimed at applying known psycho-pedagogical training models to on-line, technology enhanced learning contexts in a broad range of applications and target groups. The specificity of such a psycho-pedagogical methodology, applied throughout all the discussed EU projects, is mainly represented by the importance of feedback and debriefing processes that can be conveyed to learners through different means, such as online group or individual chat with tutors, automatic reports and a psychologically informed scoring system. Tutors, either real or artificial, are seen as the key factor facilitating the training process. The ultimate objective of this book is to offer a theoretical framework where real examples, direct experiences and possible indications on how rule and drama-based multiplayer and single player games can support traditional practice for enhancing soft skills to a wide community of trainers, coaches, HR advisors, consultants and psychologists.

Stop Being Lazy John Sonmez 2018-09-11 Deep down, you know that you are meant to live a life better than the one you’re living right now. You know that you are capable of doing, having, and being so much more-but you’re too damn lazy to experience who you truly are at your core and having what you’re really worth. I know how you feel because 8 years ago, I was in your shoes. I was lazy, overweight, filled with fear, and living WAY below my potential. This book takes you into my personal journey out of laziness and into a life of empowerment and self-discipline. In this book, I will share with you:* The mindset that had me trapped in laziness, fear, and procrastination and how I broke free* How I created a new mindset of a tenacious, unstoppable bulldog* What the bulldog mindset is all about and why you must have it * Why I do hard shit* Why I became a finisher, and moreIf you’re really ready to give up laziness, I’ll show you how I did it and how you can too.

Coders at Work Peter Seibel 2009-12-21 Peter Seibel interviews 15 of the most interesting computer programmers alive today in Coders at Work, offering a companion volume to Apress’s highly acclaimed best-seller Founders at Work by Jessica Livingston. As the words “at work” suggest, Peter Seibel focuses on how his interviewees tackle the day-to-day work of programming, while revealing much more, like how they became great programmers, how they recognize programming talent in others, and what kinds of problems they find most interesting. Hundreds of people have suggested names of programmers to interview on the Coders at Work web site: www.codersatwork.com. The complete list was 284 names. Having digested everyone’s feedback, we selected 15 folks who’ve been kind enough to agree to be interviewed: Frances Allen: Pioneer in optimizing compilers, first woman to win the Turing Award (2006) and first female IBM fellow Joe Armstrong: Inventor of Erlang Joshua Bloch: Author of the Java collections framework, now at Google Bernie Cosell: One of the main software guys behind the original ARPANET IMPs and a master debugger Douglas Crockford: JSON founder, JavaScript architect at Yahoo! L. Peter Deutsch: Author of Ghostscript, implementer of Smalltalk-80 at Xerox PARC and Lisp 1.5 on PDP-1 Brendan Eich: Inventor of JavaScript, CTO of the Mozilla Corporation Brad Fitzpatrick: Writer of LiveJournal, OpenID, memcached, and Perlbal Dan Ingalls: Smalltalk implementer and designer Simon Peyton Jones: Coinventor of Haskell and lead designer of Glasgow Haskell Compiler Donald Knuth: Author of The Art of Computer Programming and creator of TeX Peter Norvig: Director of Research at Google and author of the standard text on AI Guy Steele: Coinventor of Scheme and part of the Common Lisp Gang of Five, currently working on Fortress Ken Thompson: Inventor of UNIX Jamie Zawinski: Author of XEmacs and early Netscape/Mozilla hacker

How To Win Friends and Influence People Dale Carnegie 2010-08-24 You can go after the job you want—and get it! You can take the job you have—and improve it! You can take any situation—and make it work for you! Dale Carnegie’s rock-solid, time-tested advice has carried countless people up the ladder of success in their business and personal lives. One of the most groundbreaking and timeless bestsellers of all time, How to Win Friends & Influence People will teach you: -Six ways to make people like you -Twelve ways to win people to your way of thinking -Nine ways to change people without arousing resentment And much more! Achieve your maximum potential—a must-read for the twenty-first century with more than 15 million copies sold!

Sierra Armando Lazaro 2022-02-16 Before he was the Gray Man, Court Gentry was Sierra Six, the junior member of a CIA action team. In their first mission, they took out a terrorist leader, at a terrible price. Years have passed. The Gray Man is on a simple mission when he sees a ghost: the long-dead terrorist, but he’s remarkably energetic for a dead man. A decade of time hasn’t changed the Gray Man. He isn’t one to leave a job unfinished or a blood debt unpaid.

Soft Skills for Hard People Helena Kim 2020-09-09 Aimed at team leaders, Soft Skills for Hard People is a rational take on the demands of emotional intelligence. With an edgy and irreverent take on conventional leadership strategies, coaching psychologist Dr. Helena Kim fills this book with practical tools and approaches you need to become an exceptional coaching leader.

The Pragmatic Programmer David Thomas 2019-07-30 “One of the most significant books in

my life.” -Obie Fernandez, Author, The Rails Way “Twenty years ago, the first edition of The Pragmatic Programmer completely changed the trajectory of my career. This new edition could do the same for yours.” -Mike Cohn, Author of Succeeding with Agile, Agile Estimating and Planning, and User Stories Applied “. . . filled with practical advice, both technical and professional, that will serve you and your projects well for years to come.” -Andrea Goulet, CEO, Corgibytes, Founder, LegacyCode.Rocks “. . . lightning does strike twice, and this book is proof.” -VM (Vicky) Brasseur, Director of Open Source Strategy, Juniper Networks The Pragmatic Programmer is one of those rare tech books you’ll read, re-read, and read again over the years. Whether you’re new to the field or an experienced practitioner, you’ll come away with fresh insights each and every time. Dave Thomas and Andy Hunt wrote the first edition of this influential book in 1999 to help their clients create better software and rediscover the joy of coding. These lessons have helped a generation of programmers examine the very essence of software development, independent of any particular language, framework, or methodology, and the Pragmatic philosophy has spawned hundreds of books, screencasts, and audio books, as well as thousands of careers and success stories. Now, twenty years later, this new edition re-examines what it means to be a modern programmer. Topics range from personal responsibility and career development to architectural techniques for keeping your code flexible and easy to adapt and reuse. Read this book, and you’ll learn how to: Fight software rot Learn continuously Avoid the trap of duplicating knowledge Write flexible, dynamic, and adaptable code Harness the power of basic tools Avoid programming by coincidence Learn real requirements Solve the underlying problems of concurrent code Guard against security vulnerabilities Build teams of Pragmatic Programmers Take responsibility for your work and career Test ruthlessly and effectively, including property-based testing Implement the Pragmatic Starter Kit Delight your users Written as a series of self-contained sections and filled with classic and fresh anecdotes, thoughtful examples, and interesting analogies, The Pragmatic Programmer illustrates the best approaches and major pitfalls of many different aspects of software development. Whether you’re a new coder, an experienced programmer, or a manager responsible for software projects, use these lessons daily, and you’ll quickly see improvements in personal productivity, accuracy, and job satisfaction. You’ll learn skills and develop habits and attitudes that form the foundation for long-term success in your career. You’ll become a Pragmatic Programmer. Register your book for convenient access to downloads, updates, and/or corrections as they become available. See inside book for details.

Exponential Azeem Azhar 2021-09-07 The Times and Financial Times Book of the Year 'Enticing' Sunday Times | 'Engaging' Financial Times | 'Essential' Reid Hoffman ___ As technology accelerates, the human mind struggles to keep up - and our companies, workplaces and democracies get left behind. This is the exponential gap. Now, a leading technologist explores how this exponential gap is rewiring our world - and reveals how we should respond. ___ 'The sheer might of technology giants is one of the great challenges of our time . . . Azeem Azhar's excellent book Exponential offers some solutions' Amol Rajan, BBC News 'Azhar has a knack for interrogating and inverting conventional thinking . . . A convincing case that something extraordinary is taking place in business and society' Economist 'Deft and clear-eyed . . . Perhaps Azhar's most valuable insight is that conservatively managing the individual risks posed by new technologies will not suffice' Financial Times 'Speaks powerfully about how we need to shape technology to put it back in the service of society' Guardian 'Valuable and timely . . . A diligent and comprehensive definition of a new phase in human affairs' Sunday Times

What the Heck Is EOS? Gino Wickman 2017-09-05 Has your company struggled to roll EOS out to all levels of your organization? Do your employees understand why EOS is important or even what it is? What the Heck is EOS? is for the millions of employees in companies running their businesses on EOS (Entrepreneurial Operating System). An easy and fast read, this book answers the questions many employees have about EOS and their company: • What is an operating system? • What is EOS and why is my company using it? • What are the EOS foundational tools and how do they impact me? • What's in it for me? Designed to engage employees in the EOS process and tools, What the Heck is EOS? uses simple, straightforward language and provides questions about each tool for managers and employees to discuss creating more ownership and buy-in at the staff level. After reading this book, employees will not only have a better understanding of EOS but they will be more engaged, taking an active role in helping achieve your company's vision.

Superhuman Social Skills Tynan 2015-09-23 The people we surround ourselves with may impact our lives more than any other factor, and yet most people leave their social lives to chance. What would happen if you treated social skills as though they were indeed skills, and became proactive about your social life? Superhuman Social Skills is a transformative book which analyzes and explains how to be likeable, how to converse, how to tell stories, how to make friends, and how to combine those friends to create an incredible social circle.If you ever feel socially awkward, don't know what to say, or wish you had more or better friends, Superhuman Social Skills is for you.

The Clean Coder Robert C. Martin 2011 Presents practical advice on the disciplines, techniques, tools, and practices of computer programming and how to approach software development with a sense of pride, honor, and self-respect.

Software Developer Life: Career, Learning, Coding, Daily Life, Stories David Xiang 2018-05-16 Software Developer Life - Career, Learning, Coding, Daily Life, Stories We've made a dent into the 21st century and software has been eating the world. Suspenseful tech dramas play out in the news, boot camps churn out entry-level developers in a matter of months, and there's even an HBO show dedicated to Silicon Valley. In the midst of these trends lies a severe lack of attention to the daily life of the developer-the day-to-day reality that surrounds each line of code. There are plenty of resources available to help the budding developer learn how to code, but what about everything else? Who Should Read This Book? This book is for anyone interested in getting a sneak peek inside the world of software The new graduates about to jump into their first jobs The veterans who want a dose of nostalgia and a good chuckle The product managers looking to empathize more with their coding counterparts The disgruntled developers contemplating the meaning of life The high school students thinking about jumping on the computer science bandwagon The budding programmers looking to become more effective and gain more leverage at work What's Inside The Book? This book is a highlight reel of content revolving around Software Developer Life. Inside you will find 40 concise chapters covering 5 broad topics: Career Learning Coding Daily Life Stories Everyone has something unique to share. This book gathers together various perspectives and unique stories to give a well-rounded view of modern software development. This is not a technical book. This is everything else.

Python for Everybody Charles R. Severance 2016-04-09 Python for Everybody is designed to introduce students to programming and software development through the lens of exploring data. You can think of the Python programming language as your tool to solve data problems that are beyond the capability of a spreadsheet.Python is an easy to use and easy to learn programming language that is freely available on Macintosh, Windows, or Linux computers. So once you learn Python you can use it for the rest of your career without needing to purchase any software.This book uses the Python 3 language. The earlier Python 2 version of this book is titled "Python for Informatics: Exploring Information".There are free downloadable electronic copies of this book in various formats and supporting materials for the book at www.pythonlearn.com. The course materials are available to you under a Creative Commons License so you can adapt them to teach your own Python course.

Kanban in Action Joakim Sunden 2014-02-18 Summary Kanban in Action is a down-to-earth, no-frills, get-to-know-the-ropes introduction to kanban. It's based on the real-world experience and observations from two kanban coaches who have introduced this process to dozens of teams. You'll learn the principles of why kanban works, as well as nitty-gritty details like how to use different color stickies on a kanban board to help you organize and track your work items. About the Book Too much work and too little time? If this is daily life for your team, you need kanban, a lean knowledge-management method designed to involve all team members in continuous improvement of your process. Kanban in Action is a practical introduction to kanban. Written by two kanban coaches who have taught the method to dozens of teams, the book covers techniques for planning and forecasting, establishing meaningful metrics, visualizing queues and bottlenecks, and constructing and using a kanban board. Written for all members of the development team, including leaders, coders, and business stakeholders. No experience with

kanban is required. Purchase of the print book includes a free eBook in PDF, Kindle, and ePub formats from Manning Publications. What's Inside How to focus on work in process and finish faster Examples of successful implementations How team members can make informed decisions About the Authors Marcus Hammarberg is a kanban coach and software developer with experience in BDD, TDD, Specification by Example, Scrum, and XP. Joakim Sundén is an agile coach at Spotify who cofounded the first kanban user groups in Europe. Table of Contents PART

1 LEARNING KANBAN Team Kanbaneros gets startedPART 2 UNDERSTANDING KANBAN Kanban principles Visualizing your work Work items Work in process Limiting work in process Managing flow PART 3 ADVANCED KANBAN Classes of service Planning and estimating Process improvement Using metrics to guide improvements Kanban pitfalls Teaching kanban through games